

# MASTER Your Golf Brain

*Unleash Your Swing. Transform Your  
Play. Own Your Confidence.*



## Hosted by Kathy Hart

Founder of Your Mental Caddy •  
Former Tour Professional • Top 50  
LPGA Teacher • Mental Game  
Specialist • Author • Podcast Host

### WORKSHOP FORMAT & FIT

- 3-hour live coaching event
- Ideal for 20–50 golfers
- Includes Mastering Your Golf Brain book + workbook
- Immediate tools to use on the course the next day

### WHY CLUBS HOST THIS WORKSHOP

- **Unique member experience** — value they can feel
- **Boosts lesson demand** and coaching engagement
- **Works for all skill levels** — no swing changes required
- **Turnkey delivery** — promotional materials included
- **Elevates club reputation** through next-level instruction

### INVESTMENT OPTIONS

Flexible investment models available – from complimentary member events to premium ticketed workshops.

### About Kathy

Kathy combines elite competitive experience with 25+ years of coaching to help golfers stop sabotaging great swings and start playing from trust. She helps golfers play calm, certain, and confident — every shot, every round.



[YourMentalCaddy.com](http://YourMentalCaddy.com)

*"Enjoyable, interactive, and eye-opening.  
Highly recommend."*

– Dale G., Member Attendee

*"Handicap down from 17 to under 14. Short-  
game yips gone. Golf is fun again."*

– Shaun

### INTERESTED IN BRINGING TO YOUR CLUB?

#### CONTACT & BOOKING:

908-399-1671

[Kathy@KathyHartWood.com](mailto:Kathy@KathyHartWood.com)



[Watch a 30-second preview of Kathy's Club and Private Workshops](#)

Sample Promotional  
Flyer

# MASTER Your Golf Brain

*Unleash Your Swing. Transform Your  
Play. Own Your Confidence.*

A powerful workshop designed to help you play with more ease, clarity, and enjoyment — every round, every shot.

**No swing changes required — just a better way to think.**

## WHAT YOU'LL LEARN

- Stay **calm, certain, and confident** under pressure
- **Bounce back fast** after mistakes
- Swing **freely**, even when people are watching
- Use a **simple mental formula** you can rely on

Clear mind. Better golf. More fun.

## WHAT YOU'LL EXPERIENCE

- Interactive coaching that applies directly to YOUR game
- Time for questions — and real answers
- Tools you'll use immediately on the course
- A fun, engaging environment (zero judgment)

This is **not** a boring lecture.  
You'll be **actively learning** how to think better so you can play better.

## WHAT'S INCLUDED

- ✓ *Mastering Your Golf Brain* book + workbook
- ✓ 3 hours of high-impact coaching
- ✓ On-course results the very next round
- ✓ A calmer, more confident game

## WHO IT'S FOR

Golfers of all levels who want to perform better — and feel better doing it.

*"She broke it down into simple steps that remove mental obstacles to top performance. I walked away knowing exactly what to do."*

— Caleb D.

*"Won today — these tools WORK!"*

— Sardi

Register Here:





# WHAT GOLFERS ARE SAYING



## WORKSHOP EXPERIENCE

**"Kathy captivated 50 members — fun, engaging, and so valuable!"**

— David H., Workshop Host

**"Overwhelmingly positive response — the energy and buzz were palpable."**

— Holly P., Event Organizer

**"Intense, revealing, and fun — a real game changer in how we think."**

— Amy J., Member Attendee

**"Enjoyable, interactive, and eye-opening. Highly recommend."**

— Dale G., Member Attendee

**"I walked away knowing exactly what I need to do — now I just do the work."**

— Fred S., Member Attendee

**"The workshop was amazing — my mind felt calm and focused, and Kathy was entertaining and spunky. I'm already digging into the workbook."**

— Lena M.

**"Intense, revealing, and fun — I left with a whole new toolbox for the course."**

— Evan T.

**"Kathy's process made mental chatter and on-course anxiety finally make sense — practical steps I can actually use."**

— Sofia R.

**"She broke it down into simple steps that remove mental obstacles to top performance. I walked away knowing exactly what to do."**

— Caleb D.

## ON-COURSE PERFORMANCE WINS

**"Made 100 feet of putts — most fun I've had in a long time!"**

— Adam S.

**"Shot 73 — my best score! Physical and emotional balance for the first time."**

— Maya L.

**"Won today — these tools WORK!"**

— Sardi

**"Shot 83 — my best in 18 months. A whole new world on the course."**

— Kathleen F.

**"The confidence I found is showing up in my scores."**

— Julie

**"Stayed in balance, recovered fast, and turned a rough start into a great round."**

— Mary Kay S.

**"Used your tools and won the tournament."**

— Jennifer H.

**"Club championship winner — couldn't be happier."**

— J'Nell B.

**"Qualified after a playoff — best finish yet, then 70-66 (-8) to win the next event."**

— Tiffani & Kyle (for their junior)

**"Shot 73 to take 2nd at sectionals — state next week. Thank you!"**

— Gavin

**"Handicap down from 17 to under 14. Short-game yips gone. Golf is fun again."**

— Shaun



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